Original Article



Cellular isolation, culture and characterization of the marrow sac cells in human tubular bone

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Abstract

The goal of this study is to characterize the epithelioid-like human marrow sac cells that separate the myeloid and osteoblast populations *in situ* and to determine if they express osteoblast cytoplasmic markers. Tubular segments of femoral diaphyseal bone were obtained from healthy young (4-8 yr) male and female patients undergoing femoral shortening surgeries. The interface between bone and marrow was examined by scanning (SEM) and transmission electron microscopy (TEM). The marrow sac cells were isolated and cultured in a-MEM medium with and without dexamethasone, glycerophosphate, and ascorbic acid [DGPA]. Alkaline phosphatase (ALP), bone morphogenetic protein-2 (BMP-2) and osteocalcin were evaluated. In the SEM, the marrow sac presented a distinctive pattern of large overlapping cells. TEM studies showed that marrow sac was one or two cells thick, which were attenuated with elongated nuclei, few cellular organelles, and appeared to display intercellular gap junctions. In culture, the marrow sac cells stained positively for ALP and BMP-2, and their expression was enhanced two- to three-fold when the cells were grown in DGPA. DGPA did not enhance osteocalcin expression. The cells of the human marrow sac reside proximate to endosteal osteoblasts and express osteoblastic markers. It is possible that these stromal cells constitute an osteoprogenitor pool from which replacement osteoblasts are recruited, and that they are involved in normal bone formation and in bone diseases (e.g., osteoporosis and osteopenia).

Keywords: Marrow Sac, Marrow Stromal Cell, Preosteoblast, Bone-marrow Interface

Introduction

Bone marrow contains stromal mesenchymal cells that are capable of differentiating into osteoblast cells, fibroblasts, fibroendothelial cells, chondroblasts, adipocytes, and muscle cells¹. The differentiation process and mechanism are influenced by multiple factors. Dexamethasone singularly induces bone marrow stromal cells to differentiate into cells exhibiting the osteoblast phenotype².

While clonal techniques have shown that bone marrow stromal cells comprise several physiologic populations that are not equal in rate of growth and osteogenic activity, those studies do

The authors have no conflict of interest.

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Accepted 8 February 2007

not reveal the anatomical distribution and relative frequency of these populations³. One would anticipate that the putatively osteogenic stromal cells would be those that lay closest to the lining of endosteal osteoblasts. Scanning and transmission electron microscopic studies in laboratory animals revealed that the marrow and endosteal bone cells were each effectively compartmentalized by an intervening condensed surface layer of epithelial-like mesenchymal stromal cells which have been called marrow sac cells⁴⁻⁵. These cells were uniformly thin and attenuated with elongated nuclei, few small round mitochondria, and sparse rough endoplasmic reticulum. Because it is well known that there are populations of mesenchymal stromal cells in marrow which are preosteoblasts and bear osteogenic cell markers, the sac cells on the outer surface of the medullary compartment proximal to endosteal osteoblasts might be an osteogenic reserve cell population.

In the present study, we have identified the human marrow sac cells, which separate the osteoblast cells from bone marrow elements. The electron-microscopic morphology and its expression of BMP-2, osteocalcin and ALP in culture are described.

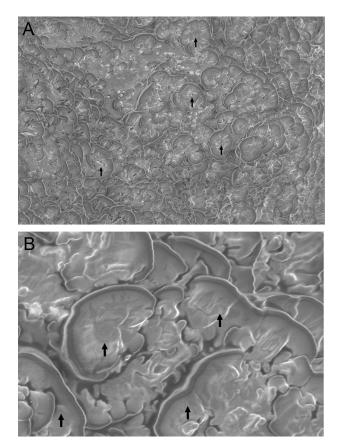


Figure 1. SEM showing a segment of human femoral marrow (A 300X, B 1200X). The outer surface of the medullary compartment is covered by a cellular sheet of flattened overlapping lobulate cells (arrows).

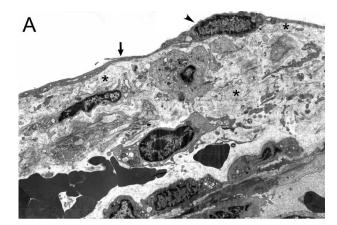
Materials and methods

Discarded tubular segments of femoral diaphyseal bone were obtained from healthy young (4-8 yr) male and female patients undergoing femoral shortening surgeries. The bone fragments were 1.5-2.5 cm in length.

The samples were split longitudinally. In most cases, there was a clean separation of marrow and bone. Free marrow samples were fixed for 3-4 days in cold 0.08M sodium cacodylate buffered 2% glutaraldehyde (pH 7.4). All specimens were then postfixed in 1% osmium tetroxide, rinsed in 0.08M sodium cacodylate buffer, dehydrated in a graded ethanol series, and critical point dried.

Scanning electron microscopy

Plugs from the bone marrow and bone samples were mounted on SEM specimen studs and oriented to show the character of the cells at their interface. The tissues were sputter coated with a thin layer of gold, and they were examined in an S-3500N scanning electron microscope (HITACHI, Ltd, Japan).



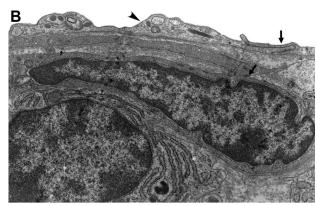


Figure 2. TEM of a transverse section of human femoral marrow showing that the marrow sac (arrowhead) was 1 (A 3000X) or 2 (B 12000X) cells thick, that the cells were attenuated with elongated nuclei, few round mitochondria and appeared to display intercellular gap junctions (filled arrow). The cells contained few organelles and no basal laminae. The concentrations of collagen fibrils (asterisks) were found in association with their deep medullary surfaces. B detail of gap junctions between marrow sacs and between marrow sac cell and bone marrow cell (filled arrows).

Transmission electron microscopy

Fixed marrow samples were cut into 1.0 mm³ blocks for TEM investigation. They were fixed in glutaraldehyde for an additional 24 hours, postfixed in 1% osmium tetroxide, dehydrated, and embedded in Spurr epoxy resin by routine technique. Transverse sections cut from the blocks were stained with uranyl acetate and lead citrate, and examined in an H-7500 TEM (HITACHI, Ltd, Japan).

Isolation of marrow sac cells

Fresh isolated intact marrow plugs were obtained, and only the outer surface of bone marrow was gently pressed several times against a dry, sterile, polysterene, 100 mm plastic petrie dish (VWR, West Chester, PA) coated with poly-

d-lysine to cover the entire surface with marrow sac cells using the technique of touch imprint cytology⁶⁻⁷. Then, the cells were cultured in α-MEM (Atlanta Biologicals, Norcoss, GA) containing antibiotics [penicillin (100U/ml), streptomycin sulphate (100ug/ml)] and 10% fetal bovine serum (FBS) (Atlanta Biologicals, Norcoss, GA) in a humidified incubator at 37°C under an atmosphere of 5% CO₂ and 95% air. The medium was changed every other day.

After 10 days of culture, the adherent cells were collected by trypsinizing with trypsin 0.05%-EDTA 0.53 mM in Hanks' balanced salt solution without calcium and magnesium (Atlanta Biologicals, Norcoss, GA) at 37°C for 5 min. and resuspended in α -MEM with 10% FBS. The passages 4-8 were used in this study. The cells were plated at a density of 5 x 10³ cells/well and cultured for 7 days on glass coverslips coated with Poly-d-lysine in 24-well plates using fresh medium with or without dexamethasone (10-8 M), β -glycerophosphate (10 mM) and ascorbic acid (50 ug/ml) [DGPA]. Then the cells were examined for the expression of alkaline phosphatase, BMP-2 and osteocalcin.

Immunocytochemistry

The avidin-biotin-immunoperoxidase method was used by following the manufacturer's procedure (Vectastain E Elite ABC kit, Vector Laboratories, Inc. Burlingame, CA). The expression of BMP-2 (monoclonal antibody h4b2/5.10.24, Genetics Institute, MA) and osteocalcin (monoclonal antibody, Zymed Laboratories, Inc. CA) were examined.

The cells on cover slips were washed with cold phosphate buffered saline (PBS), fixed in acetone for 10 minutes at -20°C, washed with PBS and then treated with 0.3% H₂O₂ in methanol for 30 minutes to deplete any endogenous peroxidase activity. The cells were pre-incubated for 20 minutes in diluted normal horse serum (3 drops of horse serum in 10 ml PBS) at room temperature. Subsequently, cells were incubated with primary antibody (10 µg/ml in PBS) overnight at 4°C, followed by secondary biotinylated horse anti-mouse IgG (one drop of stock in 10 ml PBS) for 30 minutes at room temperature, and avidin-biotin-horseradish peroxidase complex for 30 minutes at room temperature. After washing with PBS, cells were exposed to diaminobenzidine (DAB) for 5 minutes and then counterstained with Harris' hematoxylin. Cells treated without the primary antibody served as negative controls.

Alkaline phosphatase

The level of alkaline phosphatase activity was determined using a commercial kit (Cat. # FBS-25, Sigma Chemical Co. St. Louis, MO). The cells on cover slips were washed with cold phosphate buffered saline, fixed in citrate buffered acetone for 30 seconds at room temperature, washed with deionized water, then exposed to alkaline-dye mixture and incubated at room temperature for 30 minutes.

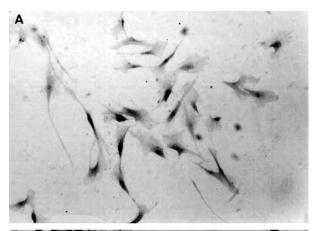




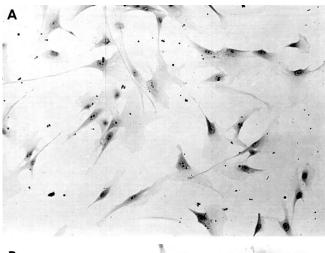
Figure 3. Immunocytochemical detection of BMP-2 in the human marrow sac cells grown in basal medium (A) or medium with DGPA (B) after 7 days of culture. The staining intensity increased in cells grown in medium with DGPA. 160X.

Results

Scanning electron microscopy

Endosteal bone surfaces were completely covered by a hexagonally packed layer of plump osteoblasts. Their surfaces were studded with many tiny microvillar-like projections, and they displayed numerous intercellular cytoplasmic processes. No osteoclast-like cells were identified.

The marrow myeloid elements were always invested in, and separated from, the endosteal osteoblast lining by a continuum of flattened sac cells. In the SEM, the sac cells appeared as flattened overlapping lobulate cells (Figure 1). TEM preparations showed that the marrow sac was 1 or 2 cells thick, that the cells were attenuated with elongated nuclei, and that they appeared to display intercellular gap junctions (Figure 2). The cells contained few small round mitochondria, few lysosomal bodies and filaments, and sparse rough endoplasmic reticulum. Such cells lacked basal laminae, but concentrations of collagen fibrils were found in association with their deep medullary surfaces.



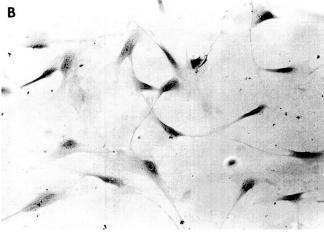


Figure 4. Expression of ALP in the human marrow sac cells grown in basal medium (A) or medium with DGPA (B) after 7 days of culture. Expression of ALP was enhanced while they were cultured in medium containing DGPA. 160X.

Immunocytochemistry and enzyme histochemistry

The question of whether marrow sac cells exhibit an osteoblast-like character was approached immunocytochemically and histochemically. Cells cultured for 7 days in basal a-MEM medium stained only weakly for BMP-2, ALP and osteocalcin (Figures 3-5A), but the expression of BMP-2 and ALP was enhanced approximately 3-fold and 2-fold, respectively when they were cultured in medium containing DGPA (Figure 3B, 4B). Osteocalcin levels remained unchanged (Figure 5B).

Discussion

The present study shows that the core of hemopoietic bone marrow in the femurs of growing children is contained within a condensed layer or sac of overlapping flattened cells. The sac cells also lie subjacent to the osteogenic cells which line the bony endosteum. Similar observations have been record-

ed in bone marrow from a number of commonly used laboratory mammals and in pigeons^{4,5}. However, differences do exist in the organization and morphology of marrow sac cells from different species. Rats, cats and sheep have a seamless arrangement of marrow sac cells which resemble a thin, flat, simple squamous epithelium with few intercellular cytoplasmic processes. The rabbit and pigeon sacs are composed of a more woven, multilayered fabric of broadly elongated, flat, fibroblast-like cells that display many intercellular processes. In contrast, the cells in the human sac display a distinctive pattern of overlapping lobular cells which, while they send off few processes, are equipped with a conspicuous number of gap junctions which are similar to the intercellular junctions described by Yamazaki and Miller et al. 8,9. Conventional wisdom suggests that they might be associated with the regulation of intercellular calcium transport¹⁰ in response to hormonal, cytokine and electrochemical signals that determine cell differentiation and co-ordinate metabolic activities¹¹. Otherwise, all marrow sac cells share a paucity of endoplasmic reticulum and organelles, such as mitochondria and lysosomal bodies. The architectural similarities between the species suggest that, if there were differences in sac cell function, they might well be quite trivial.

The marrow sac cells expressed BMP-2 immunocytochemically. They also could be induced by DGPA to differentiate into an osteoblastic phenotype by increasing expression of BMP-2. The BMPs represent some 13 members of the TGF-β superfamily; they are characterized by the distinctive pattern of seven cysteine residues in their carboxyl termini^{12,13}. BMPs 2-12 have osteoinductive potential¹⁴⁻¹⁶. They are produced by bone marrow stromal cells and osteoblasts, and stored in bone in an inactive state. Immunocytochemistry has localized BMP to collagen fibers in osteoid and mineralized bone¹⁷. BMPs also play a role in embryogenesis, and have been shown to be expressed by cells in developing limbs, lung, kidney, adrenal, and urinary bladder and demonstrated to be associated with embryonic morphogenesis¹⁸⁻²⁰. Postnatally, however, their significance lies in their capacity to mobilize osteoprogenitor cells, thereby promoting the osteoblastic differentiation processes²¹. The original in vivo studies, which showed that implants of BMP-rich demineralized bone and dentine preparations could induce cartilage-bone formation in situ, have now been confirmed using recombinant human BMP preparations²². In vitro, various osteoblastic cell lines and their mesenchymal progenitors in bone marrow [ROB-C26, W-20-17] respond to rhBMP-2 and -4 by increasing their production of mineralizable bone collagen and alkaline phosphatase and their cAMP signature following PTH stimulation²³. BMP-2 appears to acts in both an autocrine and paracrine fashion to stimulate bone cell differentiation and bone formation. Therefore, the marrow sac cells expressing BMP-2 may play a role in bone formation in an autocrine and/or paracrine manner.

Alkaline phosphatase is well known as a classical marker of osteoblastic bone formation that reflects osteoblastic activity, and as Turksen and others have affirmed, dexamethasone induces the differentiation of AP-positive cells that



Figure 5. Immunocytochemical detection of osteocalcin in the human marrow sac cells grown in basal medium (A) or medium with DGPA (B) after 7 days of culture. Osteocalcin was detectable and no difference in this early stage. 160X.

possess the ability to form mineralizable collagen nodules²⁴⁻²⁷. Hauge et al.²⁸ showed alkaline phosphatase is displayed by osteoblasts and marrow lining cells, which are next to endosteal osteoblasts in human cancellous bone. In the present study, the marrow sac cells weakly expressed alkaline phosphatase in culture. However, the expression of alkaline phosphatase was strikingly elevated in medium containing DGPA. The marrow sac cells could be induced to differentiate into the osteoblastic cell lineage.

Osteocalcin, originally termed bone Gla-protein, is a small non-collagenous protein that is specific for bone tissue and dentin. Osteocalcin also may play an important regulatory role during osteoblast differentiation²⁹⁻³¹. In the present study, the marrow sac cells expressed osteocalcin *in vitro* similar to that of marrow lining cells expressing osteocalcin *in vivo*, reported by Hauge et al.²⁸. The marrow sac cells might change their metabolic state when they are activated at the beginning of bone remodeling *in vivo*³².

The marrow sac cells separate the bone from marrow in cortical bone. This structure is similar to that that Hauge et al. described in cancellous bone²⁸. The bone remodeling compartment in cancellous bone is lined on its marrow side by flattened cells, referred to as bone lining cells, and on its osseous side by the remodeling bone surface²⁸. And at some areas, the bone surfaces are covered directly by bone lining cells^{9,28} or capillaries which are associated with bone-forming surfaces^{9,33} and osteogenesis during bone development and bone remodeling³⁴⁻³⁸. The lining cells express the alkaline phosphatase, osteocalcin, osteonectin²⁸, IGFs, TGFβ, bFGF, OPG and RANKL³⁹⁻⁴¹. The levels of these markers vary with the bone metabolic state. These osteoblast and osteoclast differentiation factors might be associated with local regulation of pre-osteoblast recruitment and osteoblast differentiation. Conventionally, the cells close to osteoblasts are anticipated to be pre-osteoblasts. These cells may be marrow sac cells lining on the surface of bone marrow in trabecular and cortical bone with an osteogenic potential or they may be the population of cells most important to osteoblast renewal. In in vivo studies, the marrow sac cells could be activated by intermittent parathyroid hormone treatment⁴³ or by mechanical loading to form bone³². We show that the marrow sac cells express the osteoblast markers alkaline phosphatase, BMP-2, and osteocalcin in vitro, suggesting that they have the bone cell phenotype.

In summary, in the present study, the marrow sac cells are shown anatomically closest to the lining layer of endosteal osteoblasts that actively form bone. Their morphology is that of an attenuated cell with an elongated nucleus and few organelles. These cells express ALP, BMP-2 and osteocalcin, and can be induced to increase expression of ALP and BMP-2 by DGPA. The marrow sac cells may represent an osteogenic pool to recruit pre-osteoblasts, themselves differentiate into osteoblasts and, in case, play an important role in normal bone formation and bone diseases (osteoporosis, osteopenia etc.).

Acknowledgements

The authors express their appreciation to Dr David J. Simmons and Kristi Overgaard for their critical reading of the manuscript and Randal P. Morris for his preparation of photomicrographs.

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